



# Nursing Assistant

Youth Apprenticeship

## NURSING ASSISTANT

Nursing assistants provide basic care and help patients with activities of daily living. In WI, youth apprentices must complete a nurse aid training program and pass the CNA exam.

**Length of Apprenticeship:** One or two years

## COMPETENCIES

Youth apprentices work with a job site mentor to demonstrate the following competencies.

**Year 1:** All of the required competencies plus **eight** of the additional competencies

**Year 2:** All of the required competencies plus **sixteen** of the additional competencies

Required Competencies	Additional Competencies
<ol style="list-style-type: none"> <li>1. Use standard precautions and infection prevention controls</li> <li>2. Change unoccupied bed linens</li> <li>3. Follow care plan</li> <li>4. Report client changes</li> <li>5. Prepare client for service</li> <li>6. Position client</li> <li>7. Ambulate client</li> <li>8. Measure temperature, pulse, and respiration</li> <li>9. Provide client comfort measures</li> <li>10. Assist client with toileting</li> </ol>	<ol style="list-style-type: none"> <li>1. Measure blood pressure</li> <li>2. Measure weight and/or height</li> <li>3. Transport client</li> <li>4. Assist to transfer client</li> <li>5. Aid client with bathing or showering</li> <li>6. Aid client with eating and hydration</li> <li>7. Aid client with oral hygiene</li> <li>8. Aid client with grooming--dress and undress</li> <li>9. Aid client with grooming- shaving</li> <li>10. Aid client with grooming -- hair care</li> <li>11. Aid client with grooming- nail care</li> <li>12. Maintain inventory of supplies and/or equipment</li> <li>13. Care for clients with a urinary catheter</li> <li>14. Manage client appointments</li> <li>15. Measure pulse oximetry</li> <li>16. Measure blood sugar</li> <li>17. Instruct clients in collection of specimens</li> <li>18. Provide client skin care</li> <li>19. Apply non-prescription topical medications</li> <li>20. Serve food</li> <li>21. Provide ostomy care</li> <li>22. Give bed bath</li> <li>23. Apply TED (anti-embolism) stockings and/or tubi-grips</li> <li>24. Assist with care of client with dementia</li> <li>25. Use isolation techniques</li> <li>26. Perform choking maneuver (simulated)</li> <li>27. Respond to emergency situations as a CNA</li> <li>28. Assist with post-mortem care</li> <li>29. Measure fluid intake and output</li> <li>30. Make occupied bed</li> </ol>

## REGISTERED APPRENTICESHIP BRIDGING OPPORTUNITIES

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Some of the related instruction courses can bridge into the following registered apprenticeships:

- Medical Assistant registered apprenticeship
- Community Health Worker registered apprenticeship

## POST-SECONDARY PATHWAY OPPORTUNITIES

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There are several post-secondary pathway opportunities in this area. Following is partial list.

- Medical Assistant Technical Diploma
- Practical Nurse or Registered Nurse

## WORK REQUIREMENTS

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Community-Based Residential Facilities (CBRFs) are not required to have licensed practical nurses or registered nurses on the premises at all times. If CNAs or Resident Aides under the age of 18 are employed, they must work on site with another qualified caregiver. The under 18 staff member *may not work alone*. Additionally, **a facility waiver of the 18-year-old requirement must be requested** from the Division of Quality Assurance, DHS, for YA students who are placed in CBRFs. For more information OR to request a waiver, contact the Assisted Living Regional Director for the county in which your facilitate is located at <https://www.dhs.wisconsin.gov/dqa/bal-regionalmap.htm>



# Nursing Assistant

Youth Apprenticeship

## ON-THE-JOB LEARNING PERFORMANCE STANDARDS GUIDE

### YOUTH APPRENTICE INFORMATION

<b>Youth Apprentice Name</b>	
<b>YA Coordinator</b>	<b>YA Consortium</b>
<b>School District</b>	<b>High School Graduation Date</b>

### REQUIREMENTS

#### Level One Requirements

Youth apprentices must complete ALL the items listed below. Check completed areas.

- Competency checklist (including both all required and 8 additional competencies)
- Employability Skills checklist (in this OJL Guide) or the DPI Employability Skills Certificate
- Related instruction equal to 1 high school credit or at least 3 college credits
- Minimum of 450 work hours

#### Level Two Requirements

Youth apprentices must complete ALL the items listed below. Check completed areas.

- Competency checklist (including both all required and 16 additional competencies)
- Employability Skills checklist (in this OJL Guide) or the DPI Employability Skills Certificate
- Related instruction equal to 2 high school credits or at least 6 college credits
- Minimum of 900 work hours

### HOURS

Record the hours the youth apprentice worked.

Total Hours Employed	Company Name	Telephone Number

## **CAREER PLANNING** (THIS SECTION IS SUSPENDED FOR THE 2020-2021 SCHOOL YEAR.)

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### **SIGNATURES**

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The On-the-Job Learning Performance Standards Guide includes a list of competencies youth apprentices learn through mentoring and training at the worksite. Rate the student's achievement of each competency below. Review this document on a regular basis with the youth apprentice to record progress and plan future steps to ensure completion of the required competencies. Mentors, instructors and the apprentice sign below.

Mentor Signature	
Mentor Signature	
Mentor Signature	
Instructor Signature	
Instructor Signature	
Apprentice Signature	

## EMPLOYABILITY SKILLS

Youth apprentices must demonstrate key employability skills.

The DWD YA program employability skills requirement may be attained and demonstrated through two processes.

1. If a student has successfully completed a Wisconsin Department of Public Instruction (DPI) State-Certified Cooperative Education, [Co-Op Employability Skill certification](#) then they have met the YA Employability Skills requirement.

Earned Wisconsin Employability Skills Certificate (checked if applicable) or,

2. Rate the ability of the youth apprentice to demonstrate the employability skills below.

<b>3</b>	<b>Exceeds Expectations:</b> Exceeds entry-level criteria; requires minimal supervision; consistently displays this behavior
<b>2</b>	<b>Meets Expectations:</b> Meets entry-level criteria; requires some supervision; often displays this behavior
<b>1</b>	<b>Working to Meet Expectations:</b> Needs improvement; requires much assistance and supervision; rarely displays behavior

The following skills are required of all youth apprentices.

<b>Employability Skills</b>	<b>Rating</b>		
	<b>Minimum Rating of 2 for EACH</b>		
	<b>Check Rating</b>		
<b>Competency and Rating Criteria</b>	<b>1</b>	<b>2</b>	<b>3</b>
1. Develop positive work relationships with others. <i>Examples of qualities and habits that the employee might exhibit include . . .</i> <ul style="list-style-type: none"> <li>• Interacts with others with respect and in a non-judgmental manner</li> <li>• Responds to others in an appropriate and non-offensive manner</li> <li>• Helps co-workers and peers accomplish tasks or goals</li> <li>• Applies problem-solving strategies to improve relations with others</li> <li>• When managing others, shows traits such as compassion, listening, coaching, team development, and appreciation</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Communicate effectively with others <i>Examples of qualities and habits that the employee might exhibit include . . .</i> <ul style="list-style-type: none"> <li>• Adjust the communication approach for the target audience, purpose, and situation to maximize impact</li> <li>• Organizes messages/information in a logical and helpful manner</li> <li>• Speaks clearly and writes legibly</li> <li>• Models behaviors to show active listening</li> <li>• Applies what was read to actual practice</li> <li>• Asks appropriate questions for clarity</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Employability Skills	Rating		
Competency and Rating Criteria	Minimum Rating of 2 for EACH Check Rating		
	1	2	3
<p>3. Collaborate with others</p> <p><i>Examples of qualities and habits that the employee might exhibit include . . .</i></p> <ul style="list-style-type: none"> <li>• Works effectively in teams with people of diverse backgrounds regardless of sex, race, ethnicity, nationality, sexuality, religion, political views, and abilities</li> <li>• Shares responsibility for collaborative work and decision making</li> <li>• Uses the problem-solving process to work through differences of opinion in a constructive manner to achieve a reasonable compromise</li> <li>• Avoids contributing to an unproductive group conflict</li> <li>• Shares information and carries out responsibilities in a timely manner</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<p>4. Maintain composure under pressure</p> <p><i>Examples of qualities and habits that the employee might exhibit include . . .</i></p> <ul style="list-style-type: none"> <li>• Uses critical thinking to determine the best options or outcomes when faced with a challenging situation</li> <li>• Carries out assigned duties while under pressure</li> <li>• Acts in a respectful, professional, and non-offensive manner while under pressure</li> <li>• Applies stress management techniques to cope under pressure</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<p>5. Demonstrate integrity</p> <p><i>Examples of qualities and habits that the employee might exhibit include . . .</i></p> <ul style="list-style-type: none"> <li>• Carries our responsibilities in an ethical, legal and confidential manner</li> <li>• Responds to situations in a timely manner</li> <li>• Takes personal responsibility to correct problems</li> <li>• Models behaviors that demonstrate self-discipline, reliability, and dependability</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<p>6. Perform quality work</p> <p><i>Examples of qualities and habits that the employee might exhibit include . . .</i></p> <ul style="list-style-type: none"> <li>• Carries out written and verbal directions accurately</li> <li>• Completes work efficiently and effectively</li> <li>• Performs calculations accurately</li> <li>• Conserves resources, supplies, and materials to minimize costs and environmental impact</li> <li>• Uses equipment, technology, and work strategies to improve workflow</li> <li>• Applies problem-solving strategies to improve productivity</li> <li>• Adheres to worksite regulations and practices</li> <li>• Maintains an organized work area</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Employability Skills	Rating		
Competency and Rating Criteria	Minimum Rating of 2 for EACH Check Rating		
	1	2	3
<p>7. Provide quality goods or services (internal and external) <i>Examples of qualities and habits that the employee might exhibit include . . .</i></p> <ul style="list-style-type: none"> <li>• Shows support for the organizational goals and principles by own personal actions</li> <li>• Displays a respectful and professional image to customers</li> <li>• Displays an enthusiastic attitude and desire to take care of customer needs</li> <li>• Seeks out ways to increase customer satisfaction</li> <li>• Produces goods to workplace specifications</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<p>8. Show initiative and self-direction <i>Examples of qualities and habits that the employee might exhibit include . . .</i></p> <ul style="list-style-type: none"> <li>• Prioritizes and carries out responsibilities without being told</li> <li>• Responds with enthusiasm and flexibility to handle tasks that need immediate attention</li> <li>• Reflects on any unsatisfactory outcome as an opportunity to learn</li> <li>• Improves personal performance by doing something different or differently</li> <li>• Analyzes how own actions impact the overall organization</li> <li>• Supports own action with sound reasoning and principles</li> <li>• Balances personal activities to minimize interference with work responsibilities</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<p>9. Adapt to change <i>Examples of qualities and habits that the employee might exhibit include . . .</i></p> <ul style="list-style-type: none"> <li>• Shows flexibility and willingness to learn new skills for various job roles</li> <li>• Uses problem-solving and critical-thinking skills to cope with changing circumstances</li> <li>• Modifies own work behavior based on feedback, unsatisfactory outcomes, efficiency, and effectiveness</li> <li>• Displays a "can do" attitude</li> <li>• Maintains confidentiality</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<p>10. Demonstrate safety and security regulations and practices <i>Examples of qualities and habits that the employee might exhibit include . . .</i></p> <ul style="list-style-type: none"> <li>• Follows personal safety requirements</li> <li>• Maintains a safe work environment</li> <li>• Demonstrates professional role in an emergency</li> <li>• Follows security procedures</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Employability Skills	Rating		
Competency and Rating Criteria	Minimum Rating of 2 for EACH Check Rating		
	1	2	3
<p>11. Apply job-related technology, information, and media <i>Examples of qualities and habits that the employee might exhibit include . . .</i></p> <ul style="list-style-type: none"> <li>• Applies technology effectively in the workplace</li> <li>• Assess and evaluates information on the job</li> <li>• Assesses training manuals, website, and other media related to the job</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<p>12. Fulfill training or certification requirements for employment <i>Examples of qualities and habits that the employee might exhibit include . . .</i></p> <ul style="list-style-type: none"> <li>• Participation in required career-related training and/or educational programs</li> <li>• Passing certification tests to qualify for licensure and/or certification</li> <li>• Participation in company training or orientation</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<p>13. Set personal goals for improvement <i>Examples of qualities and habits that the employee might exhibit include . . .</i></p> <ul style="list-style-type: none"> <li>• Setting goals that are specific and measurable</li> <li>• Setting work related goals that align with the organization's mission</li> <li>• Identifying strategies to reach goals</li> <li>• Reflecting on goal progress to regularly evaluate and modify</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



## REQUIRED COMPETENCIES

Youth apprentices must perform **all the required competencies**.

### Rating Scale

3: Exceeds entry level criteria | Requires minimal supervision | Consistently displays this behavior

2: Meets entry level criteria | Requires some supervision | Often displays this behavior

1: Needs improvement | Requires much assistance and supervision | Rarely displays behavior

Competency and Rating Criteria	Minimum Rating of 2 for EACH Check Rating		
	1	2	3
<b>1. Use standard precautions and infection prevention controls</b> <ul style="list-style-type: none"> <li>• put on and dispose of appropriate personal protective equipment properly</li> <li>• perform hand hygiene</li> <li>• handle needles and sharp devices safely to prevent injury</li> <li>• clean and disinfect areas and equipment according to facility policy</li> <li>• handle linens and all equipment to minimize the spread of infection</li> <li>• follow isolation procedures when needed</li> <li>• dispose of bio-hazardous materials safely</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>2. Change unoccupied bed linens</b> <ul style="list-style-type: none"> <li>• remove soiled linens</li> <li>• avoid contact of own body and clothing with the soiled items being handled</li> <li>• contain soiled items per facility policy</li> <li>• handle clean linens to ensure their cleanliness</li> <li>• make bed as required</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>3. Follow care plan</b> <ul style="list-style-type: none"> <li>• locate and review the nursing care plan for the client to be served</li> <li>• implement active interventions and monitor interventions as required by worksite supervisor</li> <li>• collect objective and subjective data if required</li> <li>• report client changes to worksite professional</li> <li>• document interventions as required</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>4. Report client changes</b> <ul style="list-style-type: none"> <li>• identify client change - positive or negative such as vital signs including weight, mobility, behavior/mental status, safety, appetite, or life circumstances</li> <li>• report changes to supervisor</li> <li>• document client changes as required</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Competency and Rating Criteria	Minimum Rating of 2 for EACH Check Rating		
	1	2	3
<b>5. Prepare client for service</b> <ul style="list-style-type: none"> <li>• identify client</li> <li>• introduce self</li> <li>• provide privacy for the client</li> <li>• explain procedure to the client</li> <li>• re-approach client and obtain assistance as needed</li> <li>• report/record relevant observations</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>6. Position client</b> <ul style="list-style-type: none"> <li>• secure assistance, if needed, before beginning to move and turn client</li> <li>• change client position on schedule or as needed for a procedure/care noting client safety and proper body mechanics</li> <li>• seek client input to determine their comfort with the position</li> <li>• report/record client condition, reactions, and position change if needed</li> <li>• make observations about condition of the skin</li> <li>• ensure there are no skin-on-skin surfaces touching</li> <li>• give skin care to potential or existing pressure areas</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>7. Ambulate client</b> <ul style="list-style-type: none"> <li>• ensure client is wearing proper footwear</li> <li>• secure assistance, if needed, before beginning to ambulate client</li> <li>• follow guidelines for ambulating the client noting client safety and proper body mechanics</li> <li>• assist to stand with assistive devices as needed</li> <li>• assist with ambulation using a gait belt, walker, cane, or crutches</li> <li>• encourage client to maintain good standing posture while ambulating</li> <li>• remain alert to client condition and responses during ambulation</li> <li>• report/record client condition, reactions, and ambulation as required</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>8. Measure temperature, pulse, and respiration</b> <ul style="list-style-type: none"> <li>• prepare the equipment for the procedure</li> <li>• position client using proper body mechanics if necessary</li> <li>• measure temperature, pulse, respirations, according to protocol</li> <li>• report/record reading(s) and report abnormal readings immediately to worksite professional</li> <li>• care for equipment according to protocol</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Competency and Rating Criteria	Minimum Rating of 2 for EACH Check Rating		
	1	2	3
<b>9. Provide client comfort measures</b> <ul style="list-style-type: none"> <li>secure information from the client regarding the pain (location, intensity, duration) using a pain scale</li> <li>observe and recognize signs of unreported pain</li> <li>report type of pain, location, intensity, and duration</li> <li>provide comfort measure(s) to relieve pain as directed by worksite professional</li> <li>report/record comfort measure applied and client response as required</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>10. Assist client with toileting</b> <ul style="list-style-type: none"> <li>position client on bedpan, at urinal, and/or assist client to commode noting client safety and proper body mechanics</li> <li>provide assistance as required by the client's condition</li> <li>provide perineal care after elimination is complete; wash moving front to back</li> <li>report/record relevant observations about client elimination</li> <li>clean and disinfect equipment</li> <li>dispose of contaminated articles as required</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**ADDITIONAL COMPETENCIES**

**Year 1:** Apprentices must perform at least **eight** of the additional competencies  
**Year 2:** Apprentices must perform at least **sixteen** of the additional competencies

**Rating Scale**

3: Exceeds entry level criteria | Requires minimal supervision | Consistently displays this behavior  
2: Meets entry level criteria | Requires some supervision | Often displays this behavior  
1: Needs improvement | Requires much assistance and supervision | Rarely displays behavior

Competency and Rating Criteria	Minimum Rating of 2 for EACH Check Rating		
	1	2	3
<b>1. Measure blood pressure</b> <ul style="list-style-type: none"> <li>prepare the equipment for the procedure</li> <li>position client using proper body mechanics if necessary</li> <li>take blood pressure</li> <li>report/record blood pressure reading(s)</li> <li>report abnormal readings immediately to worksite professional</li> <li>care for the sphygmomanometer and/or stethoscope</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Competency and Rating Criteria	Minimum Rating of 2 for EACH Check Rating		
	1	2	3
<p><b>2. Measure weight and/or height</b></p> <ul style="list-style-type: none"> <li>• prepare equipment for the procedure</li> <li>• set scale to zero for weight</li> <li>• position client using proper body mechanics</li> <li>• measure weight and height according to protocol</li> <li>• report/record weight and height reading(s)</li> <li>• care for equipment according to protocol</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<p><b>3. Transport client</b></p> <ul style="list-style-type: none"> <li>• secure assistance, if needed, before preparing client for transporting</li> <li>• transport clients by wheelchair noting client safety and proper body mechanics</li> <li>• follow department/facility guidelines for entering an elevator, corridor or ramp</li> <li>• remain alert to client condition and responses during transport</li> <li>• remain with client until other staff take over responsibility for the client</li> <li>• report/record client condition, reactions, and transport as required</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Competency and Rating Criteria	Minimum Rating of 2 for EACH Check Rating		
	1	2	3
<p><b>4. Assist to transfer client</b></p> <ul style="list-style-type: none"> <li>• secure assistance, as necessary, before beginning transfer</li> <li>• determine if lifting device is necessary to facilitate client transfer</li> <li>• encourage client to participate in transfer procedure as appropriate</li> <li>• follow transfer procedure noting client safety and proper body mechanics</li> <li>• seek client input to determine their comfort during and after transfer</li> <li>• assist to attach/secure any safety devices or monitors to client</li> <li>• report/record client condition, reactions, and transfer</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<p><b>5. Aid client with bathing or showering</b></p> <ul style="list-style-type: none"> <li>• check water temperature before bathing</li> <li>• ask client to check water temperature</li> <li>• assist in determining client's ability to take a bath or shower</li> <li>• give or assist with tub, shower, sponge bathing noting client safety and proper body mechanics</li> <li>• follow "clean-to-dirty" principle when assisting with the bath</li> <li>• remain nearby and alert to client's condition and reactions</li> <li>• report/record client condition, reactions, and bathing</li> <li>• clean and disinfect equipment</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<p><b>6. Aid client with eating and hydration</b></p> <ul style="list-style-type: none"> <li>• position client for the meal</li> <li>• confirm the food is appropriate to a prescribed diet</li> <li>• assist client with eating as needed following proper feeding protocol</li> <li>• sit while assisting client</li> <li>• assist with and/or clean client as needed</li> <li>• report/record client eating patterns, fluid intake, problems and change as required</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<p><b>7. Aid client with oral hygiene</b></p> <ul style="list-style-type: none"> <li>• gently clean tooth surfaces, tongue, gums, cheeks using gentle motions</li> <li>• give or assist with specialized oral hygiene care</li> <li>• care for dentures</li> <li>• report/record client condition, reactions, and oral care</li> <li>• clean and disinfect equipment</li> <li>• dispose of contaminated articles</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Competency and Rating Criteria	Minimum Rating of 2 for EACH Check Rating		
	1	2	3
<p><b>8. Aid client with grooming--dress and undress</b></p> <ul style="list-style-type: none"> <li>determine client's ability to assist with dressing/undressing</li> <li>determine whether agency gowns/robes or client's own clothing should be worn</li> <li>safeguard the clothing and other belongings of the client</li> <li>offer client choice of clothing</li> <li>dress/undress a client needing partial or total assistance</li> <li>ensure that the clothing worn by the client does not interfere with other procedures</li> <li>report/record client condition, reactions, and clothing change</li> <li>handle soiled laundry as required</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<p><b>9. Aid client with grooming—shaving</b></p> <ul style="list-style-type: none"> <li>determine client's ability to assist with procedure</li> <li>assist with shaving</li> <li>report/record client skin condition, reactions, and shaving procedure</li> <li>clean and disinfect equipment</li> <li>dispose of contaminated articles</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<p><b>10. Aid client with grooming -- hair care</b></p> <ul style="list-style-type: none"> <li>use client's personal care items and shampoos if preferred</li> <li>assist the client in shampooing hair</li> <li>style the client's hair</li> <li>meet the client's needs for comfort while giving hair care</li> <li>report/record client hair and scalp condition, reactions, and hair care</li> <li>clean and disinfect equipment dispose of contaminated articles</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<p><b>11. Aid client with grooming- nail care</b></p> <ul style="list-style-type: none"> <li>follow facility policy for trimming nails</li> <li>safely clip nails if order indicates</li> <li>report/record client nail, hand, foot condition, reactions, and nail, hand, foot care</li> <li>clean and disinfect equipment</li> <li>dispose of contaminated articles</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Competency and Rating Criteria	Minimum Rating of 2 for EACH Check Rating		
	1	2	3
<p><b>12. Maintain inventory of supplies and/or equipment</b></p> <ul style="list-style-type: none"> <li>• follow procedure for inventory of supplies, equipment, and/or medications</li> <li>• monitor minimum quantities (par level)</li> <li>• report expired, discontinued, damaged, and/or missing supplies immediately to worksite professional</li> <li>• straighten and clean shelves</li> <li>• assist with removal and disposal of expired, damaged, and/or recalled items as required or directed</li> <li>• store and stock items appropriately</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<p><b>13. Care for clients with a urinary catheter</b></p> <ul style="list-style-type: none"> <li>• provide for client comfort</li> <li>• cover collection bag</li> <li>• change bags according to facility protocol</li> <li>• clean the bag</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<p><b>14. Manage client appointments</b></p> <ul style="list-style-type: none"> <li>• verify the required elements of the medical order, if applicable for services</li> <li>• ascertain the time required for the health service(s) required by the client</li> <li>• refer client to worksite professional or guidelines for priority scheduling to address emergencies and/or urgent care</li> <li>• identify conflicts in schedule and those of the client's schedule</li> <li>• assist in recommending resolution to scheduling conflicts</li> <li>• confirm client and the department/facility have the identical appointment information</li> <li>• enter appointment times and other required information</li> <li>• prepare an appointment card if client is present</li> <li>• document any scheduling changes in the correct locations</li> <li>• document status of the appointment: late, no show, rescheduled, cancelled, etc.</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<p><b>15. Measure pulse oximetry</b></p> <ul style="list-style-type: none"> <li>• prepare the equipment for the procedure</li> <li>• position client using proper body mechanics if necessary</li> <li>• apply pulse oximeter to thin part of client's body- ear lobe, fingertip or across foot for infants</li> <li>• connect oximeter to monitor if applicable</li> <li>• report/record readings</li> <li>• report abnormal readings immediately to worksite professional</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Competency and Rating Criteria	Minimum Rating of 2 for EACH Check Rating		
	1	2	3
<b>16. Measure blood sugar</b> <ul style="list-style-type: none"> <li>• prepare the equipment for the procedure</li> <li>• position client using proper body mechanics if necessary</li> <li>• perform finger stick</li> <li>• report/record readings</li> <li>• report abnormal readings immediately to worksite professional</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>17. Instruct clients in collection of specimens</b> <ul style="list-style-type: none"> <li>• explain instructions for specimen collection in plain language</li> <li>• respond to client questions accurately within scope of their job role OR refer to worksite professional</li> <li>• collect specimen noting client safety and standard precautions</li> <li>• label specimen accurately</li> <li>• complete documents for collecting specimen</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>18. Provide client skin care</b> <ul style="list-style-type: none"> <li>• pay special attention to bony prominences and other areas subject to pressure ulcers</li> <li>• report/record any skin breaks or discolorations, reactions, and skin care</li> <li>• check working condition of equipment (i.e. air mattresses, tubes, bed alarms)</li> <li>• change linens and incontinence products as needed</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>19. Apply non-prescription topical medications</b> <ul style="list-style-type: none"> <li>• confirm non-prescription topical application is on the medication administration record</li> <li>• follow the "rights" for administering medication</li> <li>• position client using proper body mechanics if necessary</li> <li>• apply topic medication as required</li> <li>• report/record the appearance of the skin and the reaction/response of the client following the procedure</li> <li>• store medication appropriately</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



Competency and Rating Criteria	Minimum Rating of 2 for EACH Check Rating		
	1	2	3
<p><b>20. Serve food</b></p> <ul style="list-style-type: none"> <li>consult the dietary plan for the client</li> <li>obtain order for meal from client or meal information from the diet plan including fluids</li> <li>place order for meal if designated</li> <li>assist to prepare meal if needed</li> <li>ensure meal is processed as appropriate for client ability (chopped, cut, pureed, etc.)</li> <li>plate meal items ordered by client or by dietary plan</li> <li>deliver meal to client ensuring hot food remains hot and cold food remains cold</li> <li>determine if assistance is needed for eating</li> <li>monitor food intake and records as required</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<p><b>21. Provide ostomy care</b></p> <ul style="list-style-type: none"> <li>remove pouch safely</li> <li>empty and measure the drainage if output is to be saved for a specimen</li> <li>clean the skin and stoma</li> <li>dry the area completely</li> <li>attach a new pouch or clean the reusable pouch according to manufacturer instructions</li> <li>report/record observations about ostomy system, stoma, and the characteristics of the discharge</li> <li>clean and disinfect equipment</li> <li>dispose of contaminated articles</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<p><b>22. Give bed bath</b></p> <ul style="list-style-type: none"> <li>check water temperature before bathing</li> <li>have client check water temperature</li> <li>give bed bath noting client safety and proper body mechanics</li> <li>allow client to assist with bathing, as appropriate</li> <li>follow "clean-to-dirty" principle during bath</li> <li>make observations relative to client's condition and reactions</li> <li>report/record client condition, reactions, and bath</li> <li>clean and disinfect equipment</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<p><b>23. Apply TED (anti-embolism) stockings and/or tubi-grips</b></p> <ul style="list-style-type: none"> <li>turn stocking inside out</li> <li>place foot of sticking over toes, foot and heel</li> <li>pull top of stocking over foot, heel and leg</li> <li>pull stocking up leg gently avoiding force and over-extension of joints</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Competency and Rating Criteria	Minimum Rating of 2 for EACH Check Rating		
	1	2	3
<p><b>24. Assist with care of client with dementia</b></p> <ul style="list-style-type: none"> <li>• obtain the client's attention before speaking</li> <li>• address the client by name</li> <li>• approach the client slowly from the front and at the same level</li> <li>• use a calm, low pitched tone of voice</li> <li>• speak clearly and distinctly; not rushing</li> <li>• break task into clear, simple steps one at a time</li> <li>• use non-verbals appropriately</li> <li>• re-approach client as needed</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<p><b>25. Use isolation techniques</b></p> <ul style="list-style-type: none"> <li>• gather food, equipment, and supplies needed for giving care in the isolation unit</li> <li>• put on gown, gloves and/or mask as required by the type of isolation used for this client</li> <li>• transfer food, equipment, and supplies into the isolation unit</li> <li>• provide care for the client according to guidelines noting Standard Precautions</li> <li>• give client extra attention to help offset the client's feelings of abandonment</li> <li>• transfer soiled linen, contaminated equipment, and trash out of the isolation unit as required and per Standard Precautions</li> <li>• remove contaminated gown, gloves and/or gloves without contaminating self or clean areas</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<p><b>26. Perform choking maneuver (simulated)</b></p> <ul style="list-style-type: none"> <li>• determine the choking situation based on simulated description of the person's symptoms OR on role play of choking by a peer</li> <li>• identify the obstruction as partial or complete, matching symptoms to the simulated situation</li> <li>• contact emergency care specialist or designates someone to get help</li> <li>• perform choking maneuver for a simulated conscious person according to facility guidelines</li> <li>• report and record incident</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<p><b>27. Respond to emergency situations as a CNA</b></p> <ul style="list-style-type: none"> <li>• identify the emergency situation</li> <li>• contact emergency care or designate someone to get help</li> <li>• give appropriate immediate care to the injured client</li> <li>• apply principles of client safety, proper body mechanics, and standard precautions</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Competency and Rating Criteria	Minimum Rating of 2 for EACH Check Rating		
	1	2	3
<b>28. Assist with post-mortem care</b> <ul style="list-style-type: none"> <li>• care for body with respect and dignity, including the maintenance of privacy</li> <li>• clean and prepare body as required</li> <li>• prepare the body for final viewing by the family</li> <li>• demonstrate respect and understanding in dealing with the grieving family</li> <li>• care for client's valuables and belongings</li> <li>• remove used equipment, supplies, and linens from the client care area</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>29. Measure fluid intake and output</b> <ul style="list-style-type: none"> <li>• measure input and output specimens as required</li> <li>• pour contents into measuring container without splashing</li> <li>• measure at eye level on flat surface</li> <li>• calculate liquid measurements in cubic centimeters</li> <li>• report/record intake and output</li> <li>• clean and disinfect equipment and dispose of contaminated articles as required</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>30. Make occupied bed</b> <ul style="list-style-type: none"> <li>• remove soiled linens</li> <li>• avoid contact of own body and clothing with the soiled items being handled</li> <li>• contain soiled items per facility policy</li> <li>• handle clean linens to ensure their cleanliness</li> <li>• make an occupied bed as required noting client safety and proper body mechanics</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**RELATED INSTRUCTION**

Indicate which related instruction courses the youth apprentice completed:

**Level 1**

Course Title	Credits	Location

**Level 2**

Course Title	Credits	Location



# Post-Program Completion Survey

Youth Apprenticeship

Information captured on this form must be entered online using the Youth Apprenticeship Online System (YODA).

This form should be given to each student completing the Youth Apprenticeship program to capture information on the student's plans after leaving the program. The form should be filled out during the final meeting between the student, mentor, and Local Youth Apprenticeship Coordinator, where the final checklist is filled out and signed.

Student Name	Expected Date of High School Graduation
School District	GPA at End of YA Program

**Instructions:** Indicate if the student will continue to be employed, and then check the appropriate boxes. Please include internships, opportunities to work during school breaks, and other similar situations as offers of continued employment, even if they do not start immediately.

<input type="checkbox"/> This student will be employed after completing the YA program. Check <input type="checkbox"/> Full time or <input type="checkbox"/> Part time.			
<b>Check all that apply:</b>		<b>Then, fill out the following information:</b>	
<input type="checkbox"/> Employment is related to YA program training		Employment Wage:	
<input type="checkbox"/> Employment is with same YA employer*		Employment Start Date:	
<input type="checkbox"/> Employment is seasonal and/or intermittent		Position Title (optional):	
<input type="checkbox"/> Employment is an internship		Industrial Sector <sup>†</sup> :	
<input type="checkbox"/> Employment is military		<sup>†</sup> Based on employer's NAICS Code. If unknown, describe the employer's primary income-producing line of business below.	
<input type="checkbox"/> Also entering post-secondary education/other training			
<input type="checkbox"/> Also entering a Registered Apprenticeship			
<input type="checkbox"/> Health/personal issues impacted ability for full employment			
<b><i>*If student accepted a job at a different employer, please provide that employer's contact information:</i></b>			
Employer Name		Street Address	
City	County	State	Zip
<input type="checkbox"/> This student will not be employed after completing the YA program.			

Check one:	Then, check all that apply:
<input type="checkbox"/> Student did not apply for further employment	<input type="checkbox"/> Entering post-secondary education or other training program
<input type="checkbox"/> Student applied, but was not interviewed	<input type="checkbox"/> Student unable to find an entry-level position to apply for
<input type="checkbox"/> Interviewed, but not offered employment	<input type="checkbox"/> Student had change in career interest or plans
<input type="checkbox"/> Student was offered continued employment, but did not accept	<input type="checkbox"/> Health/personal issues prohibited employment
<b>Other comments:</b>	

<i>MENTOR NAME</i>	<i>COMPANY NAME</i>
<b>Mentor Signature</b>	<b>Date Completed</b>

DWD is an equal opportunity employer and service provider. If you have a disability and need assistance with this information, please dial 7-1-1 for Wisconsin Relay Service. Please contact the Division of Employment and Training at 888-258-9966 and press 6 to request information in an alternate format, including translated to another language.

